UNIT 1

QUIZ A

NAME: _____
DATE: _____
SCORE: _____ /50

A Listen to Julia, Sam, and Max talk about change. Choose the correct answer for each question.

1 Why doesn't Julia find it easy to make changes?
- **A** because her experiences with change haven't always been good
- **B** because she has never been able to cope with changes
- **C** because she wants things to remain the same

2 What happened when Julia went to college?
- **A** She was a little nervous at first, but then she met a lot of people.
- **B** She didn't feel ready at the beginning, but then she started talking to new people.
- **C** She was very frightened, so she didn't meet any new people.

3 How has Sam changed?
- **A** He isn't shy anymore, and he finds it really easy to make changes.
- **B** He does new things every month, but he thinks his life has become too complex.
- **C** He makes himself do something new every month, and he thinks things are better.

4 What is Max's opinion on change?
- **A** It's a waste of time.
- **B** Life would be frustrating without it.
- **C** It's always a challenge.

5 What does Max do with his friends?
- **A** Four or five times a month, they choose one thing to change or try.
- **B** They try new food and change their look every week.
- **C** They try to survive dangerous weekly challenges.

_____ / 10 (2 points each)

B Circle the correct answers.

EXAMPLE She wants to move out, but she's **capable** / **frightened** of telling her parents.

1 You should stop **resisting** / **surviving** change. There is no way to avoid it.
2 I **accept** / **underestimate** that you are busy, but I think that you should come to the dinner. It is important.
3 The preparation for the exams was quite stressful, but I managed to **adapt** / **survive** it.
4 I know it's not the most exciting job in the world, but it's a **grip** / **step forward** toward what I really want to do.
5 We just finished painting the living room and now we're going to **tackle** / **cope** the kitchen.
6 I think we should move. I can't **take** / **get** living next door to these neighbors a day longer!
7 Kato says he hates his classes this year. I think he should get a **grip** / **step forward** and stop complaining.
8 If you can't **welcome** / **cope** with hot weather, then you shouldn't go to tropical countries on vacation!

_____ / 8 (1 point each)

C Complete the sentences with the words in the box.

awkward ~~complex~~ crazy infuriating nerves patience time time-consuming

EXAMPLE These instructions are so **complex** that I can't understand a word!

1 When the crowd started asking difficult questions, she looked as if she was about to lose her _____.

2 Making bread is quite a _____ process, so I only do this if I have the whole day free.

3 I bought a new smartphone, but it's a really _____ size and it doesn't fit in my pocket.

4 My sister watches horror movies on her tablet at night. It gets on my _____ because I can hear them and I can't get to sleep.

5 I asked them to take me off the mailing list, but they kept sending me spam mail. It was so _____! I hate them!

6 I spent hours in traffic to get there, and then I was only able to talk to the doctor for 15 minutes! What a waste of _____!

7 Peter always parks his car in front of our house. It really drives me _____. Why doesn't he park it in front of his own house?

_____ / 7 (1 point each)

D Circle the correct answers.

EXAMPLE It **tends to snow** / **will snow** in the mountains around this time of the year.

1 Our neighbors **are constantly talking** / **will talk** about moving. If they are so unhappy in this neighborhood, they should go!

2 Martina **tends to tell** / **tells** me that you enjoy spending your vacations in Thailand.

3 Roger and Alex **are always chatting** / **will chat** in class when they shouldn't be. Their teachers are so patient.

4 The class **usually starts** / **will start** at around 5 p.m., and we have a break halfway through.

5 If I'm cooking on the weekend, **I'll often make** / **I'm always making** a little extra, just in case we have unexpected visitors.

6 Yuki always looks relaxed when she's **doing** / **always doing** yoga.

7 Mr. Miller **is usually underestimating** / **tends to underestimate** what his students can do. He should give them more autonomy in class.

8 In our family, we never watch TV when we **will eat** / **are eating** dinner.

_____ / 8 (1 point each)

E Circle the correct answers. Sometimes more than one is possible.

1 When they were younger, my father **used to buy** / **would buy** / **bought** my mother some flowers every week.

2 Last month, I **used to spend** / **would spend** / **spent** a lot on eating out, so I'm trying to cook more this month.

3 When we lived in Canada, we went skiing every winter. I **used to love** / **would love** / **loved** it.

4 This afternoon at the park, I **used to eat** / **would eat** / **ate** two ice creams! What was I thinking?

5 My grandfather **used to have** / **would have** / **had** a turtle, but it died last year. He was so sad.

6 I **didn't use to like** / **wouldn't like** / **didn't like** jazz at all, but it's my favorite kind of music now.

7 Paulo was born in Rio, but he **didn't use to grow up** / **wouldn't grow up** / **didn't grow up** there.

_____ / 7 (1 point each)

F Read the blog post. Circle *True* or *False* for each statement.

Anya on the move!

When I was a child, my parents used to take us to the same places on vacation, year after year. After I left home, I'd dream about traveling abroad, visiting exotic countries, going to a different place on each trip, but somehow, I never did. Now I've decided it is time to change all this – and to share my new adventures with you. Welcome to my new travel blog!

Japan

Posted June 13th

Day 1

After surviving an endless flight, Kim and I arrived, extremely tired, at Tokyo Airport late at night. We didn't need to wait long for our luggage, thankfully. We thought about getting a taxi to our hotel, but we had read that the train from the airport to downtown was the best option. It was a bit tricky getting our big bags on and off the train, but the journey itself was fine, and only took 30 minutes. Finding the hotel was also easy enough, although perhaps we had underestimated how tired we would be – as soon as we checked into our room, we fell asleep immediately!

Day 2

We had a wonderful night's sleep. You wouldn't think the hotel was downtown, as it was incredibly quiet. We were absolutely starving so rushed down to the hotel restaurant for breakfast.

Our breakfast was certainly different from back home. There was steamed rice, grilled fish, tofu, and miso soup. It made a change from the bowl of cereal that I have every day! The food all smelled delicious and we enjoyed every bit of it!

After breakfast, we decided we couldn't really cope with crowds of people, as we were still quite tired. So, we decided to walk around some quieter neighborhoods and admired the old wooden houses and beautiful gardens. Later in the afternoon, we went to a spa – natural hot spring water that you bathe in – which was so relaxing that I almost fell asleep! It really made me appreciate how amazing the rest of the world can be!

1 The blog is about Anya's trips with her family when she was younger. True / False

2 Anya wasn't able to get a taxi at the airport, despite trying. True / False

3 When Anya got to her hotel, she was more tired than she had expected to be. True / False

4 Anya ordered cereal for breakfast. True / False

5 Anya decided to avoid the busier areas of the city on her second day. True / False

_____ / 10 (2 points each)